



FAMILY RESILIENCY COURSE IN-PERSON

***Includes dinner and
children's programming**

 **Tuesdays, Jul 7- Sep 8, 2026**

 **5:30 pm - 7:30 pm**

 **Darcy Hoellwarth Family Resiliency Center
at Family Advocates
9777 W. Chinden Blvd
Garden City, ID 83714**

Topics include:

- ***Stress Management***
- ***Building Children's Self Esteem***
- ***Communication Techniques***
- ***Social/Emotional Development***
- ***Parenting Styles***



Free of charge!



Enroll from June 1-30, 2026
enroll@familyadvocates.org,
or scan the QR code seen
above.